



Thou shalt not take the Name of the Lord thy God in vain.

Remember that thou keep holy the Sabbath day.

Honor thy father and thy mother.

Thou shalt do no murder.

Thou shalt not commit adultery.

Thou shalt not steal.

Thou shalt not bear false witness against thy neighbor.

Thou shalt not covet.

**Lord, have mercy upon us,  
and write all these thy laws in our hearts, we beseech thee.**

*The Celebrant continues*

If we say that we have no sin, we deceive ourselves, and the truth is not in us; but if we confess our sins, God is faithful and just to forgive us our sins, and to cleanse us from all unrighteousness. *1 John 1: 8, 9*

## CONFESSION

Ye who do truly and earnestly repent you of your sins, and are in love and charity with your neighbors, and intend to lead a new life, following the commandments of God, and walking from henceforth in his holy ways: Draw near with faith, and make your humble confession to Almighty God, devoutly kneeling.

**Almighty and most merciful Father, we have erred and strayed from thy ways like lost sheep, we have followed too much the devices and desires of our own hearts, we have offended against thy holy laws, we have left undone those things which we ought to have done, and we have done those things which we ought not to have done *and there is no health in us.* But thou, O Lord, have mercy upon us *miserable offenders*, spare thou those *O God* who confess their faults, restore thou those who are penitent, according to thy promises declared unto mankind in Christ Jesus our Lord; and grant, O most merciful Father, for his sake, that we may hereafter live a godly, righteous, and sober life, to the glory of thy holy Name. Amen.**

## ABSOLUTION

The Almighty and merciful Lord grant you ✠ absolution and remission of all your sins, true repentance, amendment of life, and the grace and consolation of his Holy Spirit. **Amen.**

## KYRIE ELEISON

Kyrie eleison.

Christe eleison.

Kyrie eleison.

*Lord, have mercy upon us.*

*Christ, have mercy upon us.*

*Lord, have mercy upon us.*

## COLLECT OF THE DAY (*Third Sunday in Lent*)

*Celebrant* The Lord be with you.

*People* **And with thy spirit.**

*Celebrant* Let us pray.

Almighty God, who seest that we have no power of ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who liveth and reigneth with thee and the Holy Spirit, one God, for ever and ever. *Amen.*

## THE LITURGY OF THE WORD

### FIRST READING – *Exodus 20: 1-17 (Please be seated)*

And God spoke all these words, saying, “I am the Lord your God, who brought you out of the land of Egypt, out of the house of bondage. You shall have no other gods before me. You shall not make for yourself a graven image, or any likeness of anything that is in heaven above, or that is in the earth beneath, or that is in the water under the earth; you shall not bow down to them or serve them; for I the Lord your God am a jealous God, visiting the iniquity of the fathers upon the children to the third and the fourth generation of those who hate me, but showing steadfast love to thousands of those who love me and keep my commandments. You shall not take the name of the Lord your God in vain; for the Lord will not hold him guiltless who takes his name in vain. Remember the sabbath day, to keep it holy. Six days you shall labor, and do all your work; but the seventh day is a sabbath to the Lord your God; in it you shall not do any work, you, or your son, or your daughter, your manservant, or your maidservant, or your cattle, or the sojourner who is within your gates; for in six days the Lord made heaven and earth, the sea, and all that is in them, and rested the seventh day; therefore the Lord blessed the sabbath day and hallowed it. Honor your father and your mother, that your days may be long in the land which the Lord your God gives you. You shall not kill. You shall not commit adultery. You shall not steal. You shall not bear false witness against your neighbor. You shall not covet your neighbor’s house; you shall not covet your neighbor’s wife, or his manservant, or his maidservant, or his ox, or his ass, or anything that is your neighbor’s.”

*Reader* The Word of the Lord.

*People* **Thanks be to God.**

- 7 The law of the LORD is an undefiled law, converting the soul;  
\* the testimony of the LORD is sure, and giveth wisdom unto the simple.
- 8 The statutes of the LORD are right, and rejoice the heart;  
\* the commandment of the LORD is pure, and giveth light unto the eyes.
- 9 The fear of the LORD is clean, and endureth for ever;  
\* the judgments of the LORD are true, and righteous altogether.
- 10 More to be desired are they than gold, yea, than much fine gold;  
\* sweeter also than honey, and the honeycomb.
- 11 Moreover, by them is thy servant taught;  
\* and in keeping of them there is great reward.
- 12 Who can tell how oft he offendeth?  
\* O cleanse thou me from my secret faults.
- 13 Keep thy servant also from presumptuous sins, lest they get the dominion over me;  
\* so shall I be undefiled, and innocent from the great offence.
- 14 Let the words of my mouth, and the meditation of my heart, be always acceptable in thy sight,  
\* O LORD, my strength and my redeemer.

**EPISTLE READING** – *1 Corinthians 1: 18-25*

For the word of the cross is folly to those who are perishing, but to us who are being saved it is the power of God. For it is written, “I will destroy the wisdom of the wise, and the cleverness of the clever I will thwart.” Where is the wise man? Where is the scribe? Where is the debater of this age? Has not God made foolish the wisdom of the world? For since, in the wisdom of God, the world did not know God through wisdom, it pleased God through the folly of what we preach to save those who believe. For Jews demand signs and Greeks seek wisdom, but we preach Christ crucified, a stumbling block to Jews and folly to Gentiles, but to those who are called, both Jews and Greeks, Christ the power of God and the wisdom of God. For the foolishness of God is wiser than men, and the weakness of God is stronger than men.

*Reader* The Word of the Lord.

*People* **Thanks be to God.**

**TRACT** – *Ad te levavi (Please stand)*

Unto thee lift I up mine eyes: O thou that dwellest in the heavens. *V.* Behold, even as the eyes of servants: look unto the hand of their masters. *V.* And as the eyes of a maiden: unto the hand of her mistress. *V.* Even so our eyes wait upon the Lord our God: until he have mercy upon us. *V.* Have mercy upon us, O Lord: have mercy upon us.

## THE HOLY GOSPEL – *John 2: 13-22*

*Celebrant* The Lord be with you.

*People* **And with thy spirit.**

*Celebrant* ✠ The Holy Gospel of our Lord Jesus Christ according to John.

*People* **Glory be to thee, O Lord.**

The Passover of the Jews was at hand, and Jesus went up to Jerusalem. In the temple he found those who were selling oxen and sheep and pigeons, and the money-changers at their business. And making a whip of cords, he drove them all, with the sheep and oxen, out of the temple; and he poured out the coins of the money-changers and overturned their tables. And he told those who sold the pigeons, "Take these things away; you shall not make my Father's house a house of trade." His disciples remembered that it was written, "Zeal for thy house will consume me." The Jews then said to him, "What sign have you to show us for doing this?" Jesus answered them, "Destroy this temple, and in three days I will raise it up." The Jews then said, "It has taken forty-six years to build this temple, and will you raise it up in three days?" But he spoke of the temple of his body. When therefore he was raised from the dead, his disciples remembered that he had said this; and they believed the scripture and the word which Jesus had spoken.

*Celebrant* The Gospel of the Lord.

*People* **Praise be to thee, O Christ.**

## SERMON

*Fr. Benjamin*

## THE NICENE CREED

**I believe in one God,  
the Father Almighty,  
maker of heaven and earth,  
and of all things visible and invisible;**

**And in one Lord Jesus Christ,  
the only-begotten Son of God,  
begotten of his Father before all worlds,  
God of God, Light of Light,  
very God of very God,  
begotten, not made,  
being of one substance with the Father;  
by whom all things were made;  
who for us men and for our salvation  
came down from heaven,  
and was incarnate by the Holy Ghost of the Virgin Mary,  
and was made man;**

*(Genuflect or  
bow)*

and was crucified also for us under Pontius Pilate;  
he suffered and was buried;  
and the third day he rose again according to the Scriptures,  
and ascended into heaven,  
and sitteth on the right hand of the Father;  
and he shall come again, with glory,  
to judge both the quick and the dead;  
whose kingdom shall have no end.

And I believe in the Holy Ghost the Lord, and Giver of Life,  
who proceedeth from the Father and the Son;  
who with the Father and the Son together is worshiped  
and glorified;  
who spake by the Prophets.  
And I believe one holy Catholic and Apostolic Church;  
I acknowledge one Baptism for the remission of sins;  
and I look for the resurrection of the dead,  
✠ and the life of the world to come. Amen.

#### PRAYERS OF THE PEOPLE – FORM IV

Let us pray for the Church and for the world.

Grant, Almighty God, that all who confess thy Name may be united in thy truth, live together in thy love, and reveal thy glory in the world.

*Silence.*

Lord, in thy mercy

**Hear our prayer.**

Guide the people of this land, and of all the nations, in the ways of justice and peace; that we may honor one another, and serve the common good.

*Silence.*

Lord, in thy mercy

**Hear our prayer.**

Give us all a reverence for the earth as thine own creation, that we may use its resources rightly, in the service of others and to thine honor and glory.

*Silence.*

Lord, in thy mercy

**Hear our prayer.**

Bless all whose lives are closely linked with ours, and grant that we may serve Christ in them, and love one another as he loves us.

*Silence.*

Lord, in thy mercy  
**Hear our prayer.**

Comfort and heal all those who suffer in body, mind, or spirit; give them courage and hope in their troubles, and bring them the joy of thy salvation.

*Silence.*

Lord, in thy mercy  
**Hear our prayer.**

We commend to thy mercy ☩ all who have died, that thy will for them may be fulfilled; and we pray that we may share with the Blessed Virgin Mary, Blessed Stephen, and with all thy saints in thine eternal kingdom.

*Silence.*

Lord, in thy mercy  
**Hear our prayer.**

*Silence.*

*The Celebrant adds a concluding collect.*

## **THE PEACE** *(Please stand)*

*Celebrant* The peace of the Lord be always with you.

*People* **And with thy spirit.**

*Announcements may be made.*

## **THE LITURGY OF THE EUCHARIST**

### **OFFERTORY ANTIPHON** – *Justitiæ Domini*

Tone II

The statutes of the Lord are right, and rejoice the heart: sweeter also than honey and the honeycomb, moreover by them is thy servant taught.

### **HYMN 143** – The glory of these forty days

*Erhalt uns, Herr*



1 The glory of these forty days we celebrate with songs of praise;  
for Christ, through whom all things were made, himself has fasted and has prayed.



2 Alone and fasting Moses saw the loving God who gave the law;  
and to Elijah, fasting, came the steeds and chariots of flame.

3 So Daniel trained his mystic sight, delivered from the lions' might;  
and John, the Bridegroom's friend, became the herald of Messiah's name.

4 Then grant us, Lord, like them to be full oft in fast and prayer with thee;  
our spirits strengthen with thy grace, and give us joy to see thy face.

5 O Father, Son, and Spirit blest, to thee be every prayer addressed,  
who art in threefold Name adored, from age to age, the only Lord.

Latin, 6<sup>th</sup> c., *tr. Maurice F. Bell (1862 – 1947)*

### **ORATE, FRATRES** (*Please remain standing*)

*Celebrant* Pray, brothers and sisters, that this my sacrifice and yours may be acceptable to God, the Father Almighty.

*People* **May the Lord receive this Sacrifice at thy hands, to the praise and glory of his Name, both to our benefit, and that of all his holy Church.**

### **SURSUM CORDA & PREFACE**

*Celebrant* The Lord be with you.

*People* **And with thy spirit.**

*Celebrant* Lift up your hearts.

*People* **We lift them up unto the Lord.**

*Celebrant* Let us give thanks unto our Lord God.

*People* **It is meet and right so to do.**

It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, holy Father, almighty, everlasting God. Through Jesus Christ our Lord, who was in every way tempted as we are, yet did not sin; by whose grace we are able to triumph over every evil, and to live no longer unto ourselves, but unto him who died for us and rose again. Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying,

### **SANCTUS ET BENEDICTUS**

Sanctus, Sanctus, Sanctus, Dominus  
Deus Sabaoth: Pleni sunt caeli et  
terra gloria tua. Hosanna in excelsis.  
✠ Benedictus qui venit in nomine  
Domini. Hosanna in excelsis.

*Holy, holy, holy, Lord God of Hosts:  
Heaven and earth are full of thy Glory.  
Glory be to thee, O Lord Most High.  
✠ Blessed is he that cometh in the name of  
the Lord. Hosanna in the highest.*



## **EUCCHARISTIC PRAYER I** *(Please kneel if you are able to do so)*

All glory be to thee, Almighty God, our heavenly Father, for that thou, of thy tender mercy, didst give thine only Son Jesus Christ to suffer death upon the cross for our redemption; who made there, by his one oblation of himself once offered, a full, perfect, and sufficient sacrifice, oblation, and satisfaction, for the sins of the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memory of that his precious death and sacrifice, until his coming again.

For in the night in which he was betrayed, he took bread; and when he had given thanks, he brake it, and gave it to his disciples, saying, "Take, eat,

THIS IS MY BODY,  
WHICH IS GIVEN FOR YOU.  
Do this in remembrance of me."



Likewise, after supper he took the cup; and when he had given thanks, he gave it to them, saying, "Drink ye all of this;

FOR THIS IS MY BLOOD,  
OF THE NEW COVENANT, WHICH IS SHED FOR YOU  
AND FOR MANY FOR THE REMISSION OF SINS.  
Do this, as oft as ye shall drink it, in remembrance of me."



Wherefore, O Lord and heavenly Father, according to the institution of thy dearly beloved Son our Savior Jesus Christ, we, thy humble servants, do celebrate and make here before thy divine Majesty, with these thy holy gifts, which we now offer unto thee, the memorial thy Son hath commanded us to make; having in remembrance his blessed passion and precious death, his mighty resurrection and glorious ascension; rendering unto thee most hearty thanks for the innumerable benefits procured unto us by the same.

And we most humbly beseech thee, O merciful Father, to hear us; and, of thy almighty goodness, vouchsafe to bless and sanctify, with thy Word and Holy Spirit, these thy gifts and creatures of bread and wine; that we, receiving them according to thy Son our Savior Jesus Christ's holy institution, in remembrance of his death and passion, may be partakers of his most blessed Body and Blood.

And we earnestly desire thy fatherly goodness mercifully to accept this our sacrifice of praise and thanksgiving; most humbly beseeching thee to grant that, by the merits and death of thy Son Jesus Christ, and through faith in his blood, we, and all thy whole Church, may obtain remission of our sins, and all other benefits of his passion.

And here we offer and present unto thee, O Lord, our selves, our souls and bodies, to be a reasonable, holy, and living sacrifice unto thee; humbly beseeching thee that we, and all others who shall be partakers of this Holy Communion, may worthily receive the most precious Body and Blood of thy Son Jesus Christ, ✠ be filled with thy grace and heavenly benediction, and made one body with him, that he may dwell in us, and we in him.

And although we are unworthy, through our manifold sins, to offer unto thee any sacrifice, yet we beseech thee to accept this our bounden duty and service, not weighing our merits, but pardoning our offences, through Jesus Christ our Lord; ✠ By whom, and with whom, in the unity of the Holy Ghost all honor and glory be unto thee, O Father Almighty, world without end. **Amen.**

### **THE LORD'S PRAYER**

And now as our Savior Christ hath taught us, we are bold to say:

*People and Celebrant*

**Our Father, who art in heaven,  
hallowed be thy Name,  
thy kingdom come,  
thy will be done,  
on earth as it is in heaven.**

**Give us this day our daily bread.**

**And forgive us our trespasses,  
as we forgive those who trespass against us.**

**And lead us not into temptation,  
but deliver us from evil.**

**For thine is the kingdom, and the power, and the glory,  
for ever and ever. Amen.**

### **THE BREAKING OF THE BREAD**

*Celebrant* Christ our Passover is sacrificed for us.

*People* Therefore let us keep the feast.

### **AGNUS DEI**

Agnus Dei, qui tollis peccata mundi,  
Miserere nobis.

Agnus Dei, qui tollis peccata mundi,  
Miserere nobis.

Agnus Dei, qui tollis peccata mundi,  
Dona nobis pacem.

*O Lamb of God, that takest away the sins  
of the world, have mercy upon us.*

*O Lamb of God, that takest away the sins  
of the world, have mercy upon us.*

*O Lamb of God, that takest away the sins  
of the world, grant us thy peace.*

## PRAYER OF HUMBLE ACCESS

We do not presume to come to this thy Table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy Table. But thou art the same Lord whose property is always to have mercy. Grant us therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ, and to drink his blood, that our sinful bodies may be made clean by his body, and our souls washed through his most precious blood, and that we may evermore dwell in him, and he in us. Amen.

## THE INVITATION – ECCE AGNUS DEI

*Celebrant* ✠ Behold the Lamb of God; behold him that taketh away the sins of the world.

*People* Lord, I am not worthy that thou shouldest come under my roof: but speak the word only, and my soul shall be healed.

## COMMUNION ANTIPHON – *Passer invenit*

Tone I

The sparrow hath found her an house, and the swallow a nest where she may lay her young: even thy altars, O lord of hosts, my King and my God. Blessed are they that dwell in thy house: they will be always praising thee.

## HYMN 318 – Here, O My Lord, I see Thee Face to Face

*Nyack*



1 Here, O my Lord, I see thee face to face; here would I touch and handle things unseen; here grasp with firmer hand eternal grace, and all my weariness upon thee lean.

2 Here would I feed upon the Bread of God; here drink with thee the royal Wine of heaven; here would I lay aside each earthly load, here taste afresh the calm of sin forgiven.

3 I have no help but thine; nor do I need another arm save thine to lean upon; it is enough, my Lord, enough indeed; my strength is in thy might, thy might alone.

4 Mine is the sin, but thine the righteousness; mine is the guilt, but thine the cleansing Blood. Here is my robe, my refuge, and my peace; thy Blood, thy righteousness, O Lord, my God.

*Horatius Bonar (1808-1889)*

## SPIRITUAL COMMUNION

In union, O Dear Lord, with the faithful at every altar of thy Church, where thy blessed Body and Blood are being offered to the Father, I desire to offer thee praise and thanksgiving. I present to thee my soul and body, with the earnest wish that I may ever be united to thee. And since I cannot now receive thee sacramentally, I beseech thee to come spiritually into my heart. I unite myself to thee, and embrace thee with all the affections of my soul. O let nothing ever separate me from thee. Let me live and die in thy love. Amen.

Grant, O Lord Jesus Christ, that as the hem of thy garment, touched in faith, healed the woman who could not touch thy Body, so the soul of thy servant may be healed by like faith in thee, whom I cannot now sacramentally receive; through thy tender mercy, who livest and reignest with the Father in the unity of the Holy Ghost ever one God. Amen.

## THE CLOSING RITE

### POST-COMMUNION PRAYER (*Kneeling*)

Let us pray.

Almighty and everliving God, **we most heartily thank thee for that thou dost feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Savior Jesus Christ; and dost assure us thereby of thy favor and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, the blessed company of all faithful people; and are also heirs, through hope, of thy everlasting kingdom. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in; through Jesus Christ our Lord, to whom with thee and the Holy Ghost, be all honor and glory, world without end. Amen.**

### SOLEMN PRAYER OVER THE PEOPLE

*Celebrant* Bow down before the Lord.

Look mercifully on this your family, Almighty God, that by your great goodness they may be governed and preserved evermore; through Christ our Lord. **Amen.**

### DISMISSAL (*Please stand*)

*Celebrant* Go in peace and love the Lord.

*People* **Thanks be to God.**

**VOLUNTARY** – *Quatre Fugues Modales*

Marcel Dupré (1886 - 1971)

3. Fugue en mode Locrien

**MEMBERS OF THE SCHOLA CANTORUM:**

Grant Randall, *tenor*

Robert Henry, Corey Mulvey, Devon Russo, *basses*

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